

16th ANNUAL L.I.P.O.A. 5K ROAD RACE & FUN WALK ENTRY FORM AND WAIVER

WHO IS THIS FOR? Anyone who is a member of the LIPOA, and their guests

ENTRY FEE: The race is free! If you would like a T-shirt there is an \$15.00 fee.

DATE and TIME: Saturday, July 1, 2023 at 8:00 a.m. Rain or shine

LOCATION: Start and finish at the LIPOA Office, 1096 Queensway Drive

COURSE: Gently rolling paved terrain for the road race.

T-SHIRT DEADLINE: Friday, June 16, 2023 by 1 pm to get a T-shirt.

REGISTRATION DEADLINE: Saturday, July 1st at 7:30am, no exceptions.

Entry forms may be mailed, emailed or dropped off at the LIPOA Office.

AWARDS: Tumblers for the top three male and female finishers,
and to the youngest and oldest finishers in the 5k.

INFORMATION: Email lake.isabella@outlook.com or call 989-644-3326.

.....

NAME: _____ Male Female

GUEST OF: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (_____) _____ BIRTHDATE: _____

EMAIL: _____

EVENT ENTERED: _____ 5K ROAD RACE

_____ FUN WALK

T-SHIRT FEE INCLUDED: Y _____ N _____ T-SHIRT SIZE (circle one): S M L XL XXL

Waiver and Release of Liability: In consideration of accepting this entry form I hereby intend to be legally bound for myself, my heirs, my executors and administrators, waive and release all rights and claims for damages I may accrue against the LIPOA Board, its officers and employees, event committee members and volunteers, agents, representatives, successors and assigns for any and all injuries suffered by me at said event, or which may arise out of traveling to, participating in and returning from the event.

I have read and accept the terms of the waiver on this page

_____ Date: _____

Parent or Guardian signature if under 18

_____ Date: _____

**If you have a family member or friend that does not want to participate, but would like to help, we need volunteers for the race! Please email lake.isabella@outlook.com for information.