

# 12<sup>th</sup> ANNUAL L.I.P.O.A. 5K ROAD RACE & FUN WALK

## ENTRY FORM AND WAIVER

**WHO IS THIS FOR?** Anyone who is a member of the LIPOA, and their guests

**ENTRY FEE:** The race is free! If you would like a T-shirt there is an \$10.00 fee.

**DATE and TIME:** Saturday, July 6, 2019 at 8:00 a.m. Rain or shine

**LOCATION:** Start and finish at the LIPOA Office, 1096 Queensway Drive

**COURSE:** Gently rolling paved terrain for the road race.

**T-SHIRT DEADLINE:** Friday, June 28, 2019 by 1 pm to get a T-shirt.

**REGISTRATION DEADLINE: Saturday, July 6th at 7:30am, no exceptions.**

Entry forms may be mailed, emailed or dropped off at the LIPOA Office.

**AWARDS:** Trophies for the top three male and female finishers,  
and to the youngest and oldest finishers in the 5k.

**INFORMATION:** Email [lake.isabella@outlook.com](mailto:lake.isabella@outlook.com) or call 989-644-3326.

NAME: \_\_\_\_\_ Male Female

GUEST OF: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: (\_\_\_\_\_) \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

EVENT ENTERED: \_\_\_\_\_ 5K ROAD RACE

\_\_\_\_\_ FUN WALK

T-SHIRT FEE INCLUDED: Y \_\_\_\_\_ N \_\_\_\_\_ T-SHIRT SIZE (circle one): S M L XL XXL

**Waiver and Release of Liability:** In consideration of accepting this entry form I hereby intend to be legally bound for myself, my heirs, my executors and administrators, waive and release all rights and claims for damages I may accrue against the LIPOA Board, its officers and employees, event committee members and volunteers, agents, representatives, successors and assigns for any and all injuries suffered by me at said event, or which may arise out of traveling to, participating in and returning from the event.

I have read and accept the terms of the waiver on this page

\_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian signature if under 18

\_\_\_\_\_ Date: \_\_\_\_\_

\*\*If you have a family member or friend that does not want to participate, but would like to help, we need volunteers for the race! Please email [lake.isabella@outlook.com](mailto:lake.isabella@outlook.com) for information.